



Dr. Kyle Runnels, M.D

**Psychiatrist
Private Practice of Florida**

Kyle Runnels, M.D. is a New Orleans born graduate of Louisiana State University Health Science Center for his medical degree and four-year psychiatric residency.

Dr. Runnels has over 18 years of experience in psychiatry and his specialties include reproductive perinatal psychiatry, psychopharmacology, and substance abuse treatment.

He also has extensive experience and special training for opiate dependency, holistic and cannabis medicine.

He believes that the complexity of mental illness and the health of the mind should be reflected in an approach that does not rely on one intervention, such as medication. He draws from a variety of different treatment techniques, therapeutic modalities, and disciplines to craft a comprehensive treatment plan to fine tune the delicate balance between your mind and body.

Dr. Runnels passion is driven by the bonds he builds with his patients over the course of their lives and the enjoyment he holds in keeping them healthy and well.

Listen to Dr. Runnels discuss how to create balance and peace in your life with benefits of proper sleep, exercise, nutrition, mindfulness and assistance with cannabis medicine if appropriate.