

## **CHRISTOPHER DAVIS, M.D.**

### **Founder/CEO**

#### **Reveal Vitality and Manatee Cardiovascular Wellness Institute**

Dr. Davis is a triple board-certified integrative interventional cardiologist with a passion for educating and empowering individuals to take control of their own health by teaching simple lifestyle changes that have been overlooked by our medical establishment for years. He firmly believes that our bodies were designed to heal themselves given the proper nutrition.

Dr. Davis completed his undergraduate education at Duke University and medical school at Eastern Virginia Medical School. He completed his internal medicine residency at Johns Hopkins University-Sinai Hospital and went on to serve as chief medical resident at Johns Hopkins. He then completed a 4-year general cardiology fellowship and an additional 1-year interventional cardiology fellowship at the University of Virginia. Other specialties of practice include Functional and Age Management medicine.

Dr. Davis is the founder of Manatee Cardiovascular Wellness Institute, a full-service cardiovascular practice as well as the founder of Reveal Vitality, a Lifestyle medicine and Functional medicine practice where he incorporates nutrition education, hormone balance, and precision health and wellness utilizing genetic testing. Dr. Davis has created systematic wellness programs that provide the foundational education to dispel the ever-growing number of fallacies and myths related to achieving optimal health.

As an exercise enthusiast, Dr. Davis practices what he preaches. Clients travel from around the world to garner his expertise that allows them to enjoy a life full of vitality. Dr. Davis takes great pride in the compassionate care he provides to his clients and their families. Day in and day out witnessing each client's health transformation propels him to continue changing lives!